

**Saturday, 23rd January 2010 14.00h**  
Kochschule Rietwiese, Lengnau

## **DISCOVER INDIAN COOKING**

*There's a lot more to Indian food than curry powder!*



In fact, Indian food is very diverse and is influenced by culture, state, religion and other factors. Actually, Wikipedia lists about 95 spices, herbs and ingredients used in Indian cooking.

Discover the true flavors, textures and colors of authentic Indian cooking with **Neera Mallick**.

You'll learn how to cook a whole Indian meal with some simple and yet delicious vegetarian and non-vegetarian dishes! Once you know how to prepare some dishes you can improvise, experiment and try out different dishes at home with some additional, simple recipes to take with you!

Numbers have to be limited to 16, so please book early, if you don't want to miss this event.

Cost: around Fr. 20.-/per person

Please register by **15<sup>th</sup> January 2010** with  
Gaby Meier-Pauk Phone 056 281 26 38  
or e-mail: [g-pauk@yahoo.com](mailto:g-pauk@yahoo.com)