

**Friday, 24th February 2012 20.00h**  
Kirchdorf, Restaurant Hirschen, Cheminéeraum



## **USE IT OR LOSE IT**

You've just forgotten what you wanted to say or do?

**Eileen Ochsner** is giving us a talk about how to do something to work against such experiences.

It is a very popular and entertaining talk about memory training. Hear how the brain records information and tips and tricks to help the brain remember.

**Put the date in your diary.** As you haven't heard Eileen Ochsner's talk yet – you might forget it...

No reservation necessary.

For further information, contact Gaby on 056 281 26 38  
or e-mail: [g\\_pauk@yahoo.com](mailto:g_pauk@yahoo.com)